

Study plan - Professional Diploma

1.	School	School of Arts and Design
2.	Department	Music Department/ School of Arts and Design
3.	Program title (Arabic)	دبلوم مهني في العلاج بالفنون
4.	Program title (English)	Professional Diploma in Arts Therapy

5. Numbering System:

A- Department number

Number	Department
1	Visual Arts
2	Theatre Arts
3	Music Arts

6. Rules & Conditions:

1. Priorities for admission:

Applicants who have completed undergraduate in the artistic, socio-humanistic or health fields (acting, music, psychology, social pedagogy, social work, education, rehabilitation sciences, pedagogy, Nursing, medicine, etc.) are eligible and postgraduate students currently studying in these study programs.

2. Additional requirements:

Applicants must be submitted to an aptitude interview which indicates an adequate level of psychological maturity and basic artistic abilities, and his/her motivation to join the program.

7. Components of curriculum:

The curriculum for **Professional Diploma in Arts Therapy** consists of (27) credit hours distributed as follows:

Course Number	Course Title	Credit Hours		
		Theoretical	Practical*	Total
	Introduction to Arts Therapy	1	-	1
	Methods of Music Therapy	1	1	2
	Therapy by singing / Instruments Playing	-	2	2
	Drama Therapy	1	1	2
	Movement Therapy	-	2	2
	Interactive Theatre	-	2	2
	Drawing and Painting Therapy	-	2	2
	Therapy Using Artistic Materials	-	2	2
	Colour psychology	-	2	2
	Medical Terminology	2	-	2
	Basics of Neuroscience	2	-	2
	Creative Methods and Cross-Cultural Perspectives in Art Therapy	1	1	2
	Group Dynamics in Art Therapy	1	1	2
Total		9	16	25

* One (1) Practical credit hour is equivalent to at least 3 contact hours.

3- Diploma Project (Practical)

No. (0904999)	Project	2 Credit Hours
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Program Courses Description:

Course number: **Course Name: Introduction to Arts Therapy** **(1 Credit Hours)**

Prerequisite: NA

Course Description:

This course aims at introducing the student to the use and importance of arts therapy. It also presents a general definition of the fundamentals of theatre, music and visual arts. The course presents the ability of the arts for therapy and samples of them.

Course number: **Course Name: Methods of Music Therapy** **(2 Credit Hours)**

Prerequisite: NA

Course Description:

The course develops music therapy skills to be applied with different clinical populations. The music therapy subjects include neurologic music therapy (NMT), cognitive behavioural music therapy and related music therapy approaches. Students will be encouraged and guided to develop their own music therapy method or process. No musical ability or training is necessary as audio materials can be applied.

Course number: **Course Name: Therapy by singing / Instruments Playing** **(2 Credit Hours)**

Prerequisite: NA

Course Description:

Throughout this course, students will be trained to perform on a musical instrument / trained to develop their singing abilities, they will also get introduced to its parts and performing techniques. Students will develop their performing skills through extensive gradual training on scales, exercises and a selection of pieces from the famous musical repertoire.

Course number: **Course Name: Drama Therapy** **(2 Credit Hours)**

Course number: **Course Name: Creative Methods and Cross-Cultural Perspectives in Art Therapy** **(3 Credit Hours: 2 theory and 1 practical)**

Prerequisite: NA

Course Description:

This course introduces various techniques, interventions and creative methods that can be used in different clinical settings. This course examines the nature and conditions that foster creativity. The relationship between culture and creativity is also explored for use in different settings and with emphasis on immigrants/refugees in Jordan from different cultures. Through fostering multicultural and diversity competency, students will gain awareness and knowledge about self and others. Current applications of mindfulness in a variety of healthcare settings will be studied. Students will also learn self-care practices incorporating use of body and movement, meditation, and artmaking to promote self-awareness and empathetic relationships with the patients. Practical exercises and applications, readings, case examples, and discussions will address creativity and cultural competency in the art therapy treatment of individuals, groups, and communities of diverse cultures.

Course number: **Course Name: Group Dynamics in Art Therapy** **(2 Credit Hours: 1theory and 1 practical)**

Prerequisite: NA

Course Description:

This course studies group theory, processes, and dynamics. It focuses on introducing group therapy as a tool for provision of art therapy services. Through this practical course students identify the types of groups, group therapy characteristics, and member-roles in a group therapy situation. Students also gain knowledge about the interaction processes, and the relations in a group therapy programs, the stages of group development, and the role requirements of a leader in each stage.